




DECEMBER 2018



Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Taco Chicken 2 Tortillas Refried beans Fiesta Corn Tropical Fruit Cheesecake Brownie MO – Bean and Cheese Burrito NCS – SF Cookie Packet	Pulled Pork on a WW Bun Warm Spiced Apples Creamy Coleslaw Carrot Raisin Salad Vanilla Pudding MO – Hummus and Pita NCS – SF Pudding Cake for Cambridge	Beef Pot Pie w/Biscuit Top Creamed Spinach Apple Juice Chocolate Frosted White Cake MO – Multigrain Burger NCS – Spiced Pears	Chicken and Gravy Over a slice of White bread Mashed Potatoes/Butter Green Beans Orange Juice Carnival Cookie MO – Cheese and Tomato Sandwich NCS – SF Cookie Packet	Fish Sandwich on WW Bun Cheese Slice Tartar Sauce Yams Coleslaw Fruit Cup Strawberry Jell-o MO – Hummus Wrap NCS – SF Jell-o
Monday 10	Tuesday 11	Wednesday 12 Oregon	Thursday 13	Friday 14
Meatballs in Marinara Over Penne Carrots 3 Bean Salad Banana Frosted White Cake MO – Veggie Meatballs in Marinara NCS – SF Cookie Packet	Chicken Salad Mini Croissant Mixed Greens Dressing Packet Pickled Beets Peaches Ambrosia Salad MO – Egg Salad NCS – SF Jell-o	Cheeseburger on WW Bun Ketchup/Mustard Calico Beans Potato Salad Fruit Cocktail Chocolate Chip Cookie MO – Black Bean Burger NCS – SF Cookie Packet	Egg Salad Sandwich on WW Bread Tomato Soup Broccoli Salad Grape Juice Pineapple Fluff MO – N/A NCS – Pineapple	Pork Roast w/Gravy Mashed Red Potatoes Glazed Carrots Chunky Applesauce Croissant/Butter Mint Brownie MO –Veggie Wrap NCS – SF Pudding
Monday 17	Tuesday 18	Wednesday 18	Thursday 20	Friday 21
Chicken Mac Casserole Peas Tomato Juice Pineapple Butterscotch Pudding MO – Mac and Cheese NCS – SF Pudding	Beef Stew Biscuit Green Beans Chunky Apple Sauce Chocolate Chip Banana Cake MO – Garden Burger NCS - Banana	Cheese Tortellini Bake Bread Stick/Butter Spinach Mandarin Oranges Blueberry Crisp MO – Veggie Tortellini Bake NCS – SF Jell-o	Traditional Meatloaf Mashed Potatoes w/Gravy Broccoli White Bread/Butter Apple Juice Cup Frosted White Cake MO – Veggie Meatballs NCS – SF Cookie Packet	Ham Slice Sweet Potato/Butter Green Bean Casserole Croissant/Butter Pineapple Cherry Pie w/Topping MO – Veggie Quiche NCS – SF Pie
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
CLOSED FOR CHRISTMAS EVE	CLOSED FOR CHRISTMAS	Pot Roast with Gravy Mashed Potatoes Mixed Green Salad Dressing Orange WW Bread/Butter Tapioca Pudding MO – Hummus Wrap NCS – SF Pudding	Chicken a la King Over Biscuit Carrots Salad Wax Beans Peaches Raspberry Sherbet MO – Soy a la King NCS – SF Ice Cream	Pizza Burger on WW Bun (Beef Patty, white cheese slice, marinara, bun) Kidney Bean Salad Marinated cucumbers Banana Chocolate Chip Cookie MO – Black Bean Burger NCS – SF Cookie Packet
Monday 31	 <p>Meals provided by: DANE COUNTY CONSOLIDATED FOOD SERVICES DIVISION <i>All menu items are prepared in kitchens that are not allergen-free.</i> <i>We cannot guarantee that food allergens will not be transferred through cross-contact.</i> <i>No substitutions allowed.</i> Please note: Guests on a NAS diet should not be receiving: gravy, ketchup or mustard MO = meatless option</p>			
Ham and Potato Casserole California Blend Dole Fruit Cup MG Bread/ Butter Chocolate Cream Pie MO – Veggie Potato Cass. NCS – SF Pudding	Senior Dining  Fellowship, Food & Fun			

Salad Options for December 2018



Week 1 – 12/7

Chicken Taco Salad

Shredded lettuce topped with seasoned diced chicken, diced tomatoes, green onion, cheese, salsa, black olives, sour cream and tortilla strips.

Dressing: None

Meal items to be served with this: fruit cup, strawberry jell-o, WW bun

Week 2 – 12/14

Cordon Bleu Salad

Mixed Greens topped with diced: chicken, ham, Swiss cheese, green peppers and tomatoes.

Dressing: Ranch

Meal items to be served with this: chunky applesauce, croissant/butter, mint brownie

Week 3 – 12/21

Harvest Salad

Mixed greens topped with beets, garbanzo beans, cucumber, red onion, feta and croutons.

Dressing: Balsamic Vinaigrette

Meal items to be served with this: croissant/butter, pineapple, cherry pie with topping

Week 4 – 12/28

Pulled Pork Confetti Salad

Shredded lettuce topped with shredded pork, tomatoes, cucumber, corn and bacon.

Dressing: Ranch

Meal items to be served with this: banana, chocolate chip cookie, WW bun