

\$5 Take Out Menu & Order Form

Name _____ Phone _____
 Circle your menu choices and drop-off or email to VSC by order deadline. Orders may also be called in to the nutrition line at 608-848-0438.

****Unfortunately, orders received after weekly deadline cannot be honored.**

Week of Sept 1-4 ORDER DEADLINE WEDNESDAY, August 26 12pm

TUESDAY, SEPTEMBER 1

lasagna, caesar salad,
 garlic bread, green
 beans, apple crisp

OR

chef salad w/ranch
 or french, croutons,
 banana, m&m
 cookie

THURSDAY, SEPTEMBER 3

scalloped potatoes
 and ham, california
 blend veggies, pears,
 chocolate pudding

OR

crispy chicken wrap,
 chips, apple,
 oatmeal raisin
 cookie

Week of Sept 7-11 ORDER DEADLINE WEDNESDAY, September 2 12pm

TUESDAY, SEPTEMBER 8

bbq ribs, cheesy
 potatoes, three
 bean salad, ice
 cream, melon

OR

roasted turkey and
 bacon with swiss on
 wheat, grapes, chips,
 magic bar

THURSDAY, SEPTEMBER 10

baked tilapia,
 lemon dill
 rice, mixed
 veggies, peaches,

OR

chicken fajita salad w/
 salsa, tortilla chips,
 jello

Week of Sept 14-18 ORDER DEADLINE WEDNESDAY, September 9 12pm

TUESDAY, SEPTEMBER 15

beef stroganoff w/
 egg noodles, corn,
 tropical fruit, sugar
 cookie bar

OR

chicken cobb salad,
 ranch, mandarin or-
 anges, peanut butter
 cookie

THURSDAY, SEPTEMBER 17

chicken stir fry w/
 veggies and rice,
 pineapple,
 fortune cookie,
 pistachio torte

OR

club wrap, chips,
 banana, cookies n
 cream cookie

Week of Sept 21-25 ORDER DEADLINE WEDNESDAY, September 16 12pm

TUESDAY, SEPTEMBER 22

two soft beef
 tacos, mexican
 rice, fruit cocktail,
 pineapple upside
 cake

OR

chicken salad
 croissant, pasta
 salad, pears,
 snickerdoodle

THURSDAY, SEPTEMBER 24

meatloaf, mashed
 sweet potatoes,
 broccoli, applesauce,
 double chocolate
 cake

OR

garden salad w/
 chicken, crou-
 tons, french or
 ranch, melon,
 sherbet cup

Week of Sept 28-Oct.2 ORDER DEADLINE WEDNESDAY, September 23 12pm

TUESDAY, SEPTEMBER 29

swedish meatballs
 w/gravy and egg
 noodles, peas,
 peaches, cherry
 crumb bar

OR

chicken caesar
 wrap, cucumber
 salad, apple,
 turtle brownie

THURSDAY, OCTOBER 1

baked spaghetti
 w/italian sausage,
 veggies, pears,
 breadstick, bos-
 ton creme cake

OR

tuna croissant,
 pasta salad,
 orange, white
 chocolate maca-
 damia cookie