



# \$6 Grab & Go Menu



Name \_\_\_\_\_

Phone \_\_\_\_\_

Please check your menu choices and return to VSC by order deadline.

Orders may be called in to 608-848-0438, dropped off at VSC or emailed to nutrition@ci.verona.wi.us.

**September 6 - 9 Deadline - Wed., Sept. 1 - 12PM**

## MONDAY, SEPTEMBER 6

**CLOSED**

## TUESDAY, SEPTEMBER 7

◇ Pork roast, white potatoes, gravy, California veggies, peaches, jello

◇ BBQ chicken wrap, cucumber salad, orange, oatmeal chocolate chip cookie

## WEDNESDAY, SEPTEMBER 8

◇ Biscuits and gravy, roasted potatoes, melon, cherry pie

## THURSDAY, SEPTEMBER 9

◇ Baked spaghetti with Italian sausage, peas, pears, brownie

◇ Chef salad, banana, peanut butter cookie

**September 13 - 16 Deadline - Wed., Sept. 8 - 12 PM**

## MONDAY, SEPTEMBER 13

◇ Beef stew, French bread, mandarin oranges, peach crisp

## TUESDAY, SEPTEMBER 14

◇ Meatloaf, mashed potatoes, corn, tropical fruit, magic bar

◇ Roasted turkey & bacon wrap, pasta salad, apple, salted caramel pecan cookie

## WEDNESDAY, SEPTEMBER 15

◇ Tater top casserole, melon, oreo brownie

## Week of September 13-16th continued

### THURSDAY, SEPTEMBER 16

◇ Baked fish, baked potato, coleslaw, fruit cocktail, lemon cake

◇ Chicken fajita salad, tortilla chips and salsa, orange, sugar cookie

**September 20 - 23 Deadline - Wed., Sept. 15 - 12 PM**

### MONDAY, SEPTEMBER 20

◇ Chicken taco casserole, pineapple, snickerdoodle bar

### TUESDAY, SEPTEMBER 21

◇ Baked herb chicken, mashed sweet potatoes, green beans, applesauce, jello

◇ Club croissant, potato salad, banana, monster cookie

### WEDNESDAY, SEPTEMBER 22

◇ Beef lasagna, salad, peaches, brownie

### THURSDAY, SEPTEMBER 23

◇ Country fried steak, gravy, roasted potatoes, pears, pumpkin bar

◇ Crispy chicken Caesar salad, apple, chocolate chip cookie

**September 27 - 30 Deadline - Wed., Sept. 22 - 12 PM**

### MONDAY, SEPTEMBER 27

◇ Tuna casserole, melon, raspb. crumble bar

### TUESDAY, SEPTEMBER 28

◇ BBQ ribs, cheesy potatoes, tropical fruit, apple pie

◇ Garden salad with chicken, banana, oatmeal peanut butter cookie

### WEDNESDAY, SEPTEMBER 29

◇ Chicken stir fry with veggies, mandarin oranges, sugar cookie

### THURSDAY, SEPTEMBER 30

◇ Beef stroganoff, egg noodles, broccoli, fruit cocktail, double fudge cake

◇ Chicken salad wrap, three bean salad, apple, M&M cookie