

DEADLINE - WED., NOVEMBER 2 - 12 PM

Monday, November 7

- Chicken a la king w/vegetables, egg noodles, fruit cocktail, chocolate walnut brownie

Tuesday, November 8

- Chicken & black bean enchiladas, rice, pineapple, fruit crumb bar
- Chicken salad on croissant, cucumber salad, orange, cookie

Wednesday, November 9

- Fish sandwich w/bun, coleslaw, tropical fruit, pumpkin bar

Thursday, November 10

- Roast beef & gravy, mashed potatoes, California blend, pears, oatmeal raisin cookie
- Crispy chicken Caesar salad, grapes, cookie

Friday, November 11

- BBQ ribs, cheesy potatoes, 3 bean salad, applesauce, sugar cookie bar

DEADLINE - WED., NOVEMBER 9 — 12 PM

Monday, November 14

- Baked spaghetti w/Italian sausage, corn, mandarin oranges, chocolate chip bar

Tuesday, November 15

- Chicken burrito bowl w/cheese & tomato, rice & beans, pineapple, snickerdoodle bar
- Egg salad on wheat, Italian pasta salad, apple, brownie

Wednesday, November 16

- Navy bean soup, ham/cheddar on sourdough, peaches, M&M cookie
- FROZEN MEAL: Beef lasagna, green beans, raspberry crumb bar

Thursday, November 17

- Tator tot casserole, roll, tropical fruit, double chocolate cake
- Mediterranean salad w/chicken & balsamic dressing, banana, brownie

Friday, November 18

- Baked herb chicken, mashed sweet potatoes, pears, magic bar

DEADLINE - WED., NOVEMBER 16 - 12 PM

Monday, November 21

- Ham, scalloped potatoes, California blend veggies, fruit cocktail, peanut butter cookie

Tuesday, November 22

- Meatloaf, ½ baked potato, corn, applesauce, snickerdoodle bar
- Chicken Caesar full wrap, broccoli salad, orange, cookie

Wednesday, November 23

- Chicken and veggie stir fry, rice, mandarin oranges, yellow cake w/chocolate frosting
- Shredded chicken/gravy, mashed potatoes, corn, pears, apple crisp

Thursday, November 24 - CLOSED

Friday, November 25 - CLOSED

DEADLINE - WED., NOVEMBER 23 — 12 pm

Monday, November 28

- tuna casserole, roll, peaches, pumpkin bar

Tuesday, November 29

- Penne pasta w/meat sauce, green beans, tropical fruit, brownie
- Turkey/bacon/provolone on wheat, pasta salad, apple, brownie

Wednesday, November 30

- Minestrone soup, turkey/provolone on wheat pears, white chocolate macadamia cookie

Thursday, December 1

- Swiss steak w/mushroom gravy, roasted potatoes, California blend, applesauce, sugar cookie bar
- Chicken fajita salad, banana, brownie

Friday, December 2

- BBQ pulled pork sandwich on bun, macaroni & cheese, fruit cocktail, raspberry crumb bar



Please check your menu choices and return to VSC by order deadline. Orders may be called in to 608-848-0438, dropped off, or emailed to nutrition@ci.verona.wi.us.

Name _____

Phone _____

Dine-In _____ Drive-up _____

of Freezer meals _____

Please indicate dine-in or drive-up when placing your order. Thank you!